

# List of Polarities



## Some Polarities in Personal Life and Ministry Leadership

Take care of Others		Take Care of Self
Reflection		Action
Gentle		Strong
Direct		Empower
Conveying Warmth <i>Being open</i>		Conveying Confidence <i>Being assured</i>
Respect for Person <i>Focus on Relationships</i>		Respect for Performance <i>Focus on Task</i>
Work		Rest
Teaching		Learning
Grace/Compassion		Justice/Accountability
Seeking Consensus		Taking a Stand
Hope <i>Connected to what will come</i>		Reality <i>in touch with how things are</i>
Desire More		Appreciate what is
Hold Lightly		Take Seriously
Develop Bonds <i>Belonging/being a part</i>		Maintain Distance <i>Being apart</i>
Focus on individual		Focus on collective
Structure		Flexibility
Expressive		Contained
Go fast		Go deep

## Some Polarities in Congregation/Organization

Centralized structure		Decentralized structure
Local		Global
Growth		Consolidation
Honouring Tradition <i>Preserve the core</i>		Meeting today <i>Stimulate change</i>
Stability		Change
Responsibility		Freedom
Grounded		Visionary
Candor <i>Speaking one's mind</i>		Diplomacy <i>Being sensitive and tactful</i>
Structure		Flexibility
Big Picture		Details
People's Interests <i>Cura Personalis</i>		Organizational Interests <i>Cura Apostolica</i>
Focus on Part		Focus on Whole
Focus on Costs		Focus on Quality
Short Term		Long Term
Compete with Others		Collaborate with Others
Respect for the person		Respect for Performance
Reward the Individual		Reward the Team